

19th IPOS WORLD CONGRESS 2017
ACADEMY WORKSHOP DESCRIPTION

- Workshop title: **Screening for Distress, the 6th Vital Sign Like You Never Could Have Imagined IT! Strategic Approaches to Clinical, Research and Programmatic Growth**
- Workshop chairs: Barry Bultz, Alex Mitchell & Matthew Loscalzo
University of Calgary, University of Leicester, City of Hope-National Medical Center
- Length and Language: Half-day workshop. The workshop will be held in English.

Workshop description:

Although knowledge of the value added of biopsychosocial distress screening has grown exponentially, a true vision for the implications for such an approach is only now coming into a more robust strategic perspective for the growth and development of psychosocial oncology within oncology programs. In many ways, simply implementing the basics of comprehensive biopsychosocial screening for distress have masked a vast and untapped potential to fully integrate with disease-directed cancer care in order to greatly expand both medical and psychosocial horizons. The Chairs are internationally recognized leaders with over 50 years of Screening for Distress knowledge. This highly interactive workshop employs an adult learning model comprised of 20 minutes of lecture integrated with 40 minutes of practical outcomes-focused exercises. Dr. Bultz will share his matured screening program and link the information and processes with actual clinical cases. Dr. Mitchell will provide a provocative broad based approach to screening revealing latest international findings with important implications for the future. Professor Loscalzo will share specific and exciting strategies, implications, opportunities that could not have been foreseen at the birth of the biopsychosocial screening movement. Ample time is protected throughout the Workshop for high levels of discourse, debate and most of all depth.

Learning objectives:

1. Identify, share and practice the use of an instrument to demonstrate the effectiveness of screening and clinical interventions
2. Be able to use existing data experience to maximize the benefits of comprehensive biopsychosocial screening
3. Know about, implement and benefit from tried and true strategic extensions of basic biopsychosocial distress screening programs
4. Learning about the pros and cons of large scale screening including costs, yields and acceptability.

Target audience:

Clinicians, Investigators, Educators, Program leader



Barry D. Bultz, PhD, holds the Daniel Family Leadership Chair in Psychosocial Oncology and is Professor and Head, Division of Psychosocial Oncology, and, Cumming School of Medicine at the University of Calgary. He is Director, Department of Psychosocial and Rehabilitation Oncology; Tom Baker Cancer Centre in Calgary. He advocates for the recognition of the impact of cancer-related distress (6th Vital Sign) on patient experience and has published and presents frequently on the importance of screening and management of distress. His work with cancer patients has seen him receive many awards, including the Queen's Diamond Jubilee Award, the Alberta Order of Excellence in 2016, and the Arthur Sutherland Award from the International Psycho-Oncology Society in 2016.



Professor Alex Mitchell is professor of liaison psychiatry and psycho-oncology at the University of Leicester. He is an acknowledged expert on screening and author of “Screening for Depression in Clinical Practice: An Evidence-Based Guide” (ISBN: 9780195380194). He was an advisor to the National Institute of Clinical Excellence who developed depression guidelines for the UK. He has published approximately 300 articles and chapters. His key areas of interest are screening implementation, desire for help, unmet needs, inequalities and psychometric tools. He is past winner of the IPOS new investigator award and past winner of the Coping with Cancer UK good patient care award.



Matthew Loscalzo, Liliene Elkins Professor in Supportive Care Programs in the Department of Supportive Care Medicine and Professor in Department of Population Sciences. Executive Director of the Department of Supportive Care Medicine/Administrative Director of the Sheri & Les Biller Patient and Family Resource Center at the City of Hope-National Medical Center. Has held leadership positions at Memorial Sloan-Kettering Cancer Center, Johns Hopkins Oncology Center, Rebecca and John Moores Cancer Center at the University of California at San Diego. October 2014, received the Noemi Fisman Award, August 2015, the Jimmie Holland Life Time Leadership Award. PI on two 5 year NIH R25E training grants, site PI for a third R25E to teach advanced cognitive behavioral skills.