

19th IPOS WORLD CONGRESS 2017
ACADEMY WORKSHOP DESCRIPTION

- Workshop title: **Models of Family-Centered Care during Advanced Cancer Sustained into Bereavement**
- Workshop chairs: Prof David Kissane, MD MPM, Monash University, Melbourne, Australia
Marta Porebiak, PhD, University of Warsaw, Poland
Talia Zaider, PhD, Memorial Sloan Kettering Cancer Center (MSKCC), NYC, USA
- Length and Language: Full-day workshop. The workshop will be held in English.

Workshop description:

The Family Focused Grief Therapy (FFGT) program is a brief, focused model of preventive family therapy delivered to families identified during palliative care to be ‘at risk’ of complicated bereavement. It is commenced in the clinical setting of a patient with advanced cancer, with the patient present at the meeting with the family. It can form the basis of an initial routine family meeting during palliative care, and then continued family sessions can follow for families deemed to be at risk of morbid outcomes, or for families identified by screening to have some disturbance of their relational functioning, whether limited communication, poor teamwork or high conflict. FFGT has been shown recently to prevent the development of Prolonged Grief Disorder in bereavement. This workshop will focus on how to conduct this therapy, with use of demonstration videos and role plays for participants to practice the techniques experientially. Challenges covered include helping the family discuss death and dying, containing conflict, drawing relevant family members into sessions and sustaining a focus to the therapy.

Learning objectives:

1. Understand the background empirical research upon which this model of family therapy in the advanced cancer setting has been developed.
2. Understand the core elements of the Family Focused Grief Therapy model and observe these strategies that help therapists deliver the sessions in videos.
3. Demonstrate techniques in framing circular questions and therapeutic summaries during role play of family meetings.

Target audience:

Psychologists, Social Workers, Psychiatrists, Family therapists, Nurses, General Practitioners, Psycho-Oncologists, Palliative Care Clinicians



David Kissane, MD MPM, FRANZCP, FACHPM, FAPM is Professor and Head of the Department of Psychiatry at Monash University, Monash Medical Centre, in Melbourne, Australia. He is the former Chairman of the Department of Psychiatry & Behavioral Sciences at Memorial Sloan-Kettering Cancer Center in New York and the Foundation Professor of Palliative Medicine at the University of Melbourne. He is a Past President of IPOS and Congress Chair for the 5th World Congress in 2000, as well as recipient of IPOS' Arthur Sutherland Award in 2008. His books include: Family Focused Grief Therapy (Open University Press, 2002), Bereavement Care for Families (Routledge, 2014), and Handbook of Psychotherapy in Cancer Care (Wiley, 2011).



Marta Porebiak, PhD is a clinical psychologist, certified EU psychotherapist (EAP), Polish certified psycho-oncology supervisor (PTPO), and lecturer at University of Warsaw, Poland. She is a former scientific assistant at the Cancer Centre - Institute in Warsaw, where she was a coordinator of scientific research projects. She is an author of many articles in scientific journals and an author of handbook chapters for psychologists and medical doctors, as well as a presenter at national and international congresses. Among her areas of expertise are systemic couple and family therapy, individual psychodynamic and psychoanalytic therapy, crisis management in psycho-oncology, palliative care and bereavement. She also runs a private practice for cancer patients and their families in Warsaw, Poland and she collaborates with Polish Medical Association.



Talia Zaider, PhD is Assistant Attending Psychologist and Director of the Family Therapy Clinic at Memorial Sloan Kettering Cancer Center (MSKCC) in New York. Her current research centers on identifying and addressing the support needs of couples and families in the context of cancer care. She leads a multidisciplinary outpatient clinic that serves couples and families under care at MSKCC, and is leading an effort to advance the role of inpatient oncology nurses to deliver family-centered supportive care in the acute care setting. She has served as a co-investigator on randomized controlled trials testing psychosocial support interventions for couples and families coping with early and advanced stage disease, including a recently completed trial of Family Focused Grief Therapy conducted at MSKCC.