

19th IPOS WORLD CONGRESS 2017
ACADEMY WORKSHOP DESCRIPTION

Workshop title:	E-health in psychological interventions for cancer survivors
Workshop chairs:	Prof. dr. Judith Prins, Marieke van de Wal MSc Radboud University Medical Centre, Nijmegen, the Netherlands
Length and Language:	Full-day workshop. The workshop will be held in English.

Workshop description:

This workshop will address state-of-the art knowledge in research of developing e-health psychological interventions. The presenters will share theoretical backgrounds and existing evidence for e-health in psychological interventions in general and specifically for cancer survivors. Examples will come from e-health studies and experience in developing and testing several e-health interventions: a psycho-educational self management website, group medical consultations with Ipads, and blended therapy for cancer survivors, combining face-to-face psychotherapy with a self management website. Challenges and facilitators for disseminating and implementing web-based interventions will be addressed. Attendees will work in small groups to learn about the stages in website development: (1) assessment of patients' needs, (2) development of the intervention structure and content, (3) working with multidisciplinary advisory committees, (4) website usability testing, and (5) pilot testing.

Learning objectives:

1. The attendee shall be able to learn about theoretical models and evidence of web-based psychological interventions for cancer survivors.
2. The attendee shall be able to learn about the content and process of developing web-based psychological self management or blended therapy for cancer patients, including consumer participation and multidisciplinary feedback and evaluation .
3. The attendee shall be able to learn about the challenges in promoting, disseminating and implementing e-health interventions.

Target audience:

Clinical psychologists, (e-health) researchers



Prof. Dr. Judith Prins is clinical psychologist and chair of Medical Psychology in the Radboud University Medical Centre, Nijmegen, the Netherlands. Her research program concentrates on psychosocial oncology. She aims to develop new methods for screening and psychological interventions for cancer survivors in strong collaboration with clinical departments. Her educational activities in the medical school focus on behavioural medicine in general and more specific psychosocial oncology. As a clinical psychologist she has face-to-face consultations with cancer patients and survivors, (bereaved) caregivers and family members.



Marieke van de Wal, MSc is a PhD student and healthcare psychologist in training who is working on a psychologist delivered blended cognitive behaviour therapy to support cancer survivors in managing their fears of recurrence.